

Practitioner Training in Clinical Hypnosis - Cognitive and Awake Hypnosis



Learning Outcomes

- The Foundations of cognitive and waking trance approaches from NLP
- Well-Formed Outcomes
- Rapport - the basis of persuasion and influence
- Representational Systems - how we use our five senses
- Submodalities - taking charge of your brain
- Language Patterns - use language with awareness, elegance and precision
- Anchoring - the power of reflex conditioning
- Strategies - the unconscious process governing all our behaviour
- Parts Integration for Personal Congruence
- Time Line Therapy™ techniques
- The Physics of Wellbeing model

How can I learn all this in just 7 days?



Before attending you will study with a fabulous course companion audio and video recording of a live training, preloaded onto an MP4 player, plus two carefully chosen books and comprehensive manual – all included in the price!

My accelerated training methods simultaneously teach the unconscious and the conscious mind. You will work with my close personal supervision.

Discounts for early registration - call now on 0845 1665445
E: admin@hchn.co.uk www.hchn.co.uk

The Physics of Wellbeing model

- What physics says about reality, existence and our interaction with it
- Use this to destabilise emotional and physical problems and disease
- How to empower a client for change through an understanding of unconscious perception
- Discover how unconscious beliefs cause undesired realities and experiences
- How to motivate a client for sustained change, through the principal of growth
- How to avoid the 'presuppositions of deficit' in your language

The Foundations of NLP

- A powerful model of communication to deliver change in your client's mind
- Empowering beliefs that will change the way you experience and interact with the world
- Understand and utilise a proven mind-body link to enable healing

Well-Formed Outcomes

- How to set goals so that you achieve them
- How to ask questions that create total clarity about personal objectives



Rapport - the basis of persuasion and influence

- Learn how to quickly tune-in with someone and create suggestibility
- Discover the real secrets to body language
- Match and mirror physiology so that people unconsciously identify with you
- Build rapport rapidly on the telephone
- Negotiate with power and retain rapport

Representational Systems - how we use our five senses

- Discover how we see, hear and feel the world
- Learn to match a person's preferred system to create deep rapport and understanding
- Read another's eye movements to discover how they are thinking

Submodalities - taking charge of your brain!

- Learn how to use your brain's thinking structure
- Discover how we internally structure our beliefs and how to change them
- Use submodalities to quickly change unwanted feelings and behaviours
- Use the SWISH pattern to rapidly break unwanted habits

Language Patterns - use language with awareness, elegance and precision

- Learn how to use hypnotic language patterns, modelled on master hypnotherapist Milton Erickson M.D.
- Use language patterns to gain greater acceptance of your message in all areas of life
- Use precise and effective questions to get you the information you need
- Challenge and overcome objections elegantly
- Questions to get to the very root of a problem
- Powerful conversational techniques to produce change in a person
- Negotiate with power and elegance to gain agreement



Anchoring - the power of reflex conditioning

- Use resource anchors to strengthen and access personal resources
- Collapse anchors to discharge bad feelings from past experiences
- Create chains of resources to get out of "stuck" states like procrastination or confusion

Strategies - the unconscious processes governing all our behaviour

- Discover and utilise a person's decision-making strategy
- Find out how your customers decide to buy, and fine tune your sales process to precisely fit
- Change less useful strategies
- Install more effective strategies



Parts integration for personal congruence

- Learn to work with parts to resolve internal conflict and gain congruence and clarity

Time Line Therapy® Practitioner Certification

- Eliciting the time line
- Changing direction and location of the timeline
- Discover the root cause of presenting problems
- Releasing negative emotions like anger, sadness, fear, hurt and guilt quickly and easily
- Undo limiting beliefs like "I can't make a lot of money", "I can't have an ideal relationship"
- Learn the secret to creating your future