

TRAINING IN NLP AND CLINICAL
HYPNOSIS WITH ABETTERLIFE UK
LTD/HERTFORDSHIRE COLLEGE OF
HYPNOSIS & NLP

GENERAL BROCHURE



GHsc
VALIDATED PRACTITIONER
General Hypnotherapy Standards Council

gHR
REGISTERED
General Hypnotherapy Register

TIME LINE THERAPY™
ASSOCIATION
APPROVED INSTITUTE



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ADMISSIONS CRITERIA

Admission is based on the understanding that you are participating in a training course, and that this is no substitute for formal psychological therapy where it may be required. However, many students take the opportunity to develop themselves personally, which is fine. Whilst we will endeavour to advise, this training school, abetterlife uk ltd/Hertfordshire College of Hypnosis & NLP and/or its representatives are not in a position to make formal assessments of your suitability to take part. This is ultimately your responsibility. The following agreement and release covers these issues. You will be asked to sign this before the start of training, therefore we advise you to read it and consider it carefully before signing up to any of our trainings. If in any doubt, please call to discuss your concerns.

GENERAL TERMS & CONDITIONS

You will be required to sign the Training Participation Agreement and Release statement.

Cancellation: (1) Early booking discounts apply for deposits received at least 8 weeks before start of course. (2) 'Friend discount' bookings: study pack comprises Manual only. (3) Balances are due 4 weeks prior to start of course. (4) Study pack (were offered) dispatched within 7 working days of confirmed receipt of booking deposit (full course fee for w/e NLP Modules) . (5) The Training Participation Agreement and Release statement is to be signed by you. (6) Cancellation: full refund less an administration fee if you give us 8 weeks or more notice; between 8 and 4 weeks notice (two weeks for half-day workshops) you may transfer to a later course (within a period of 12 months of the original course date), or you may provide a substitute delegate, at no charge. If not, a cancellation fee of 30% of the full training fee will be charged, rising to 50% if you cancel 2 weeks (or fewer) prior to the start of the course booked. (7) Corporate bookings will be charged at full price.

Satisfaction Guarantee: If you are not satisfied with our training, we undertake to refund your fee. In this respect, we require you to inform us of any such concerns within the first two days.

AGREEMENT

Training Participation Agreement and Release

I, the undersigned, hereby agree to use all information contained and presented in abetterlife/Herts College of Hypnosis and NLP training(s) only for the purposes of either self-improvement or to achieve a positive outcome when working with others. I understand that the power of these techniques requires care, integrity and respect for the highest intention of all individuals.

I confirm that I enter the training(s) of my own free will and accept complete responsibility for my well-being at all times. I further acknowledge that I am a healthy individual and that I am physically and psychologically fit to fully participate in the training(s) and that I know of no reason, nor have I been informed by my physician or psychologist (previously informed by me of my intention to participate in the training(s)) of any reason why my participation would do me harm of any nature. If this does not accurately reflect my situation I agree that I will notify a representative of abetterlife/Herts College of Hypnosis and NLP before participating in the training(s),

I agree to release and hold harmless abetterlife/Herts College of Hypnosis and NLP and its agents, representatives and employees from all liability to which they may at any time be subject to me (except for gross negligence) resulting from the training(s) and/or any portion of the training(s) in which I voluntarily participate and from any negligent acts or omissions and from all actions proceedings costs damages claims and demands relating thereto and I further agree that I will at any time or times in the future as and when called upon by abetterlife/Herts College of Hypnosis and NLP so to do enter into and execute (each as a Deed) such further release or releases and in such form as may reasonably require.

I understand that although the training(s) may raise emotional issues, it is not intended to provide a therapeutic environment or be a substitute for ongoing counselling or psychotherapy and that any unresolved issues which may surface and which may warrant counselling, will be resolved at my own expense.

Furthermore, I acknowledge that any recording or written material included as part of the workshop and all rights (including Intellectual Property Rights) relating thereto respectively are the sole property of abetterlife/Herts College of Hypnosis and NLP or others from whom such rights may be derived (whether or not protected by trademark and copyright laws) and are for the use of abetterlife/Herts College of Hypnosis and NLP and employees and may not be used without obtaining prior written permission. As a participant, I agree to NOT record the workshop or any part thereof.

I acknowledge that I have carefully read and understood this agreement and release, and that abetterlife/Herts College of Hypnosis and NLP agrees to provide the training(s) referred to above in consideration of it being entered in to by me and payment of the fees as set out in this booking form.

Signature.....

COMPLAINTS PROCEDURE

We want you to find real value in our work with you, and we will endeavour to do our utmost to achieve this. To help us, we ask that:

Should any client, or student, having undertaken therapy or a course of study with *abetterlife*, be dissatisfied with the course of therapy or study undertaken, they should in the first instance make their complaint known at the time to the trainer or therapist carrying out the work. We will endeavour to resolve the matter there and then.

If the matter is not resolved immediately, we undertake to pursue a resolution in a reasonable period of time following first notification of the problem.

In the unlikely circumstance that we cannot resolve the matter ourselves, we will offer to invite our relevant professional organisation to assist in coming to an impartial resolution. In such a case, a written submission from the complainant would be required.

DISCIPLINARY PROCEDURES

Should any client or student, having undertaken therapy or a course of study with *abetterlife*, be dissatisfied with the conduct of a trainer working for or in association with *abetterlife*, they should in the first instance make their complaint known at the time to the trainer or therapist carrying out the work. We will endeavour to resolve the matter there and then.

Should any person working for or in association with *abetterlife*, be dissatisfied with the conduct of another person working for or in association with *abetterlife*, they should in the first instance make their complaint known at the time either to the person involved.

If the matter is not resolved immediately, to their complete satisfaction, they should then raise the matter with Director and Lead Trainer Mr Richard Walker (contact details at the foot this page), who will endeavour to resolve the matter immediately.

If the matter is still not resolved, we undertake to pursue a resolution in a reasonable period of time following first notification of the problem.

Should any disciplinary action be deemed appropriate, this will be carried out and the complainant will be informed of the action taken.

In the unlikely circumstance that we cannot resolve the matter ourselves, we will offer to invite our relevant professional organisation to assist in coming to an impartial resolution. In such a case, a written submission from the complainant would be required.

CODE OF ETHICS

The College and abetterlife aspire to follow the code of ethics adopted by the General Hypnotherapy Standards Council, inline with the government initiative for voluntary self-regulation as taken forward by the Complementary and Natural Healthcare Council (CNHC) – set up in 2008. These guidelines are reproduced below from <http://www.general-hypnotherapy-register.com/code-of-ethics/>

SCOPE OF THIS CODE

The scope of this Code is to govern the relationship between: hypnotherapist and client/s; hypnotherapist and other healthcare professionals; hypnotherapist and their respective professional body/ies. Consequently, issues relating to: training schools and training standards; the conduct of professional bodies or their officers or representatives are specifically excluded. The Code relates solely to our registered practitioners as Hypnotherapists and where service is provided in other approaches, clients are advised to satisfy themselves as to the suitability of the practitioner to provide the respective services.

DELIVERY OF SERVICE

All practitioners shall undertake to:

1. Provide service to clients solely in those areas in which they are competent to do so and for which they carry relevant professional indemnity insurance.

“Competency” means adequate training, skills and experience but need not exclude treating a client for a condition which the practitioner has not treated before, provided that due diligence and professionalism is observed.

2. Act in a non-biased, non-prejudicial manner towards all clients, providing those clients with an identical quality of service and treatment irrespective of the many differences which are to be found between clients, including but not restricted to: race, gender, sexual orientation, disability etc.
3. Disclose full details of all relevant memberships, training, experience, qualifications and appropriate avenues of complaint to clients upon request and only use those qualifications and memberships to which they have proof of entitlement.
4. Explain fully to clients in advance of any treatment: the fee levels, precise terms of payment and any charges which might be imposed for non-attendance or cancelled appointments, and wherever relevant, confidentiality issues.

“In advance of any treatment” means that not only should terms and conditions be set out in advance, but that they should be further clarified by the therapist at the initial consultation when additional information about the client’s needs is obtained. If for therapeutic reasons, the

therapist wishes to modify treatment (e.g. to extend the treatment plan) then any effect this has on terms, conditions and pricing must be clearly explained to the client.

5. Present all services and products in an unambiguous manner (to include any limitations and realistic outcomes of treatment) and ensure that the client retains complete control over the decision to purchase such services or products. N.B. Guarantees of either a cure or a successful resolution of the problem/s presented shall not be offered.

CLIENT WELFARE

All practitioners shall undertake to:

6. Work in ways that will promote client autonomy and well-being and that maintain respect and dignity for the client.
7. Remain aware of their own limitations and wherever appropriate, be prepared to refer a client to another practitioner (regardless of discipline) who might be expected to offer suitable treatment.

N.B. Practitioners should give full consideration to the efficacy of treatment, including the manner in which their rapport with the client may affect such efficacy. The practitioner has the right to refuse or terminate any treatment if it is a reasonable belief that it will not be, or continue to be, efficacious. In refusing or terminating treatment due care must be given to fully explaining the rationale for refusal or termination to the client.

8. Ensure that wherever a client is seeking assistance for the relief of physical symptoms, that unless already having done so, the client be advised to contact a registered medical practitioner.

N.B. Practitioners should not attempt to diagnose physical symptoms unless they have undergone relevant medical training in diagnostics.

9. Confirm that they will never knowingly offer advice to a client which either conflicts with or is contrary to that given by the client's registered medical advisor/s.

N.B. If the therapist has doubts or concerns with regard to a client's prescribed medication, they should, always with their client's permission, contact the medical advisor personally.

10. Use due care and diligence to avoid the implantation of false memories in the client and, ensure that the client is aware that experiences while in a suggestible state are not necessarily correlated with, or to be taken as, real and valid memories of the client's past.
11. Ensure that their workplace and all facilities offered to both clients and their companions will be in every respect suitable and appropriate for the service provided. These shall include any consulting room used for the purpose of consultation and/or conducting therapy with any client, along with any reception or waiting areas associated with such rooms.
12. Take all reasonable care to ensure the safety of the client and any person who may be accompanying them
13. Refrain from using their position of trust or confidence to:
 - a) cross the commonly understood professional boundaries appropriate to the therapist/client relationship or exploit the client emotionally, sexually, financially, or in any other way

whatsoever. Should either a sexual relationship, or a financial relationship other than for the payment of relevant products or services, or other inappropriate relationship develop between either therapist and client or members of their respective immediate families, the therapist must immediately cease to accept fees, terminate treatment consistent with *Clause 15* below and refer the client to another suitable therapist at the very earliest opportunity.

N.B. Clarification on dilemmas experienced by therapists in respect of the foregoing should be sought from their respective professional body.

b) touch the client in any way that may be open to misinterpretation.

N.B. Before employing tactile induction or deepening techniques, both an explanation should be given and permission received.

14. Not accept any inappropriate gifts, gratuities or favours from a client.
15. Never protract treatment unnecessarily and to terminate treatment at the earliest moment consistent with the good care of the client.
16. Maintain strict confidentiality within the client/therapist relationship, always provided that such confidentiality is neither inconsistent with the therapist's own safety or that of the client, the client's family members or other members of the public nor in contravention of any legal action (i.e. criminal, coroner or civil court cases where a court order is made demanding disclosure) or legal requirement (e.g. Children's Acts).

N.B. Where the practitioner is working as part of a larger team, for example within an institution or through a multidisciplinary or similar clinical approach, or where the client has been referred by a medical advisor or agency with conditions placed on the referral as to shared disclosure by the practitioner to the advisor or agency, then provided that it is clear that the client consents, confidential information may be shared by the practitioner with the team or referring advisor or agency.

17. Ensure that client notes and records be kept secure and confidential and that the use of both manual and computer records remains within the terms of the Data Protection Act.
N.B. Manual records should always be locked away when not in use and those held on computer should be password coded. The therapist should provide, in advance, arrangements for the secure disposal of all client records in case of their permanent incapacity or death.

18. Recognise that the maintenance of case note should include personal details, history, diagnosis and/or identification of problem areas; programme of sessions as agreed between therapist and client (if any), session progress notes and a copy of any contract.

19. Obtain written permission from the client (or if appropriate the client's parent/s or legal guardian/s) before either recording client sessions, discussing undisguised cases with any person whatsoever, or publishing cases (whether disguised or not) via any medium.

"Recording" in this context means any method other than the usual taking of written case notes. "Undisguised" in this context means cases in which material has not been sufficiently altered in order to offer reasonable anonymity to all relevant parties. With particular reference to the use of CCTV equipment, all clients must be fully informed when such equipment is in operation and as above, written permission must be obtained

prior to the commencement of any client session.

20. Advise the client that disguised case studies may sometimes be utilised for the purposes of either their own supervision or the supervision and/or training of other therapists and refrain from using such material should the respective client indicate that it should not be used for these purposes.

GENERAL CONDUCT

All practitioners shall undertake to:

21. Conduct themselves at all times in accord with their professional status and in such a way as neither undermines public confidence in the process or profession of hypnotherapy nor brings their professional body into disrepute.
22. Practitioners have the duty to protect the public and the profession from unethical, unsafe or bad practice or behaviour. When offering criticisms or complaints about colleagues, practitioners should utilise appropriate channels such as the complaints procedures of professional bodies, or, where appropriate, Trading Standards or other relevant bodies. Practitioners offering criticisms outside of these channels have the duty to demonstrate that it is reasonable to do so. Practitioners must use due care and diligence when offering criticisms and complaints to ensure that they are justified and can be substantiated.
23. Respect the status of all other medical/healthcare professionals and the boundaries of their professional remit

RELATIONSHIP WITH PROFESSIONAL BODY

All practitioners shall undertake to:

24. Notify their professional body, in writing, of any change in practice name, contact address, telephone number or email address, at the earliest convenient moment.
25. Inform their professional body, in writing, of any alteration in circumstance which would affect either their position or ability as practitioners.
26. Inform their professional body, in writing, of:
 - a) any complaint (of which they are aware) made against them
 - b) any disciplinary action taken against them by any professional body
 - c) any criminal offence of which they have been convicted
27. Make available all relevant information requested as a result of investigation by any appointed Complaints and Disciplinary Officer, without hindrance (whether implied or actual) or unreasonable delay, and comply fully with all requirements inherent within any Complaints and Disciplinary Procedure to which they subscribe.

ADVERTISING, DISPLAY OF CREDENTIALS & USE OF SPECIFIC TITLES

All Practitioners shall undertake to:

28. Ensure that all advertising, no matter in what form or medium it is placed, represents a truthful, honest and accurate picture of themselves, their skill-base, qualifications and

facilities and that any claims for the successful outcome of treatments (in whatever format) shall be based upon verifiable, fully documented evidence.

29. Ensure that all advertising shall be accurate, truthful and that any claims made in advertising can be substantiated on request.
30. Display only valid qualifications and certificates issued in respect of relevant training courses and events or certificates of registration, validation or accreditation as issued or awarded by relevant professional bodies.
31. Make no claim that they hold specific qualifications unless such claim can be fully substantiated

Notes for Guidance:

Title: “Dr”

Practitioners should avoid the possibility of misdirecting their clients in using the title “Dr”. Misdirecting a client falls into three categories:

- a) *Medical Misdirection* – where the client is led to believe, by commission or omission, intended or inadvertent, that the therapist is a licensed medical practitioner when this is not the case.
- b) *Misdirection by Relevance* – where the client is led to believe, by commission or omission, intended or inadvertent, that the therapist’s title is directly relevant to the practice of their therapy, when it is not (e.g. the doctorate is in an unrelated subject).
- c) *Misdirection by Quality* – where the client is led to believe, by commission or omission, intended or inadvertent, that the therapist’s title fulfils the requirements of widely recognized common UK standards for doctorates in Chartered Universities or Government licensed awarding bodies (e.g. a “life experience” doctorate or foreign award whose accreditation standards are questionable.)

Practitioners should, therefore, only use the title “Dr” if they are medically licensed in the UK or their title is both UK issued and accredited and in a subject relevant to hypnotherapy (e.g. counselling or psychology). All practitioners using this title should explain in their advertising literature and to their clients, the nature and subject of the title and the awarding body, and non-medical “Drs” should declare that they are not medical practitioners in their advertising literature and to their clients.

Title: “Professor”

This should be used in the UK only when the therapist holds a UK based Professorial Chair, and the use of the title should be fully explained to the client.

Title: “Reverend”

This should be used in the UK only when the therapist is offering therapy in a religious context, and the use of this title should be fully explained to the client.

Title: “Consultant Hypnotherapist”

This should not be used

TREATMENT of MINORS and those classified as PERSONS WITH SPECIAL NEEDS

All Practitioners shall undertake to:

32. Obtain the written consent of an appropriate adult (i.e. parent, legal guardian or registered medical practitioner) before conducting treatment with clients who are either under the age of majority or are classified as persons with special needs.

N.B. Wherever possible and provided it is judged to be in the child's best interests, it is advisable that an appropriate adult should be present during such sessions.

SUPERVISION & CONTINUING PROFESSIONAL DEVELOPMENT

Practitioners are expected to maintain or improve their level of skills and professional competence in accordance with the requirements laid down by their respective professional body. This could include:

- a) Meetings with a colleague (or colleagues) to discuss, in confidence, ongoing cases and issues arising from them and to work through any personal matters that might affect their own position or ability as practising therapists. Such arrangements can take a variety of forms, the most usual of which are either personal One to One Supervision or participation within a Peer Support Group.
- b) Undertaking continuing training, either formally, by attendance at relevant courses, workshops and seminars or informally, by relevant reading and Internet research
- c) The utilisation of appropriate audit tools, e.g. client feedback forms, care aims forms etc
- d) Maintaining an awareness of research and developments within both hypnotherapy and other related fields

RESEARCH ETHICS

For all practical purposes, a "research subject" should be considered synonymous with a "client" and consequently, all relevant Clauses within the general Code of Ethics remain applicable.

Of extra importance is the need on the part of the researcher to:

1. Accept that all participation by research subjects must be on a completely voluntary basis and that no "pressure" of any type should be exerted in order to secure participation. (Payments must not be such an inducement that they would encourage the taking of risk beyond that taken in the normal course of the participant's everyday life).
2. Ensure that proper consent has been obtained prior to the commencement of any research project. This is especially so in the case of minors or persons with special needs. *N.B.* This does not apply where general research of a purely statistical nature is being carried out. *N.B.2* In longitudinal research, consent may need to be obtained at repeated intervals.
3. Understand that initial consent does not negate a participant's right to withdraw at any stage of the research and further, that this must be made clear to the participant at the outset.
4. Maintain complete openness and honesty with regard to both the purpose and nature of the research being conducted.

5. Consider any potential adverse consequences to the research subject as a result of any intended research project.
6. Accept that if, during research, a participant exhibits or presents with a condition they seem unaware of, then the researcher has a duty to inform the subject that they believe their continued participation may jeopardise their future well-being.
7. Provide, where relevant, for the ongoing care of participants with regard to any adverse effects that might arise as a consequence of and within a reasonable time period after, their involvement within any research project.
8. Understand and act upon the principle that the privacy and psychological well-being of the individual subject is always more important than the research itself.

ISSUES SPECIFIC TO INDIVIDUAL PROFESSIONAL BODIES

This Code takes account of the fact that individual Professional Bodies may have issues that are specific to themselves and their registered practitioners and consequently allows for the inclusion of clauses where necessary, always provided that such inclusions do not conflict with or substantively alter or amend any of the Code's existing clauses and remain fully consistent with the good care and well-being of the client.

TRAINERS

Your lead trainer will be Richard Walker. We reserve the right to add or substitute other lecturers and/or assistants, without notice, such as we feel will maintain or enhance the standard of delivery of training.

Richard Walker Physicist, is a specialist in human behavioural change. He has trained with the best – including the world famous Dr Tad James (originator of Time Line Therapy™), Bobby Bodenhamer (co-author, 'Users Manual for the Brain'), Rubin Battino MS (author, 'Guided Imagery & other approaches to healing'), Mathieu Ricard (author of Happiness – A Guide) and the prestigious London College of Clinical Hypnosis.

He has developed the Physics of Happiness, a unique model of experience, life motivation and existence. He uses these principles to help people towards fulfilment, whether in health, career, relationships or a better life in general.

A certified Master Practitioner and Trainer in NLP, and a Time Line Therapy® training institute, Richard delivers training in NLP and hypnotherapy to his own students, and to his peers at other institutes. He is the founder chairman of a local peer support group, and provides both therapy and business consultancy services.

His prior background is in physics and research into the indoor environment, for which his work is recognised both nationally and internationally. He has a BSc (hons) in Physics at Leeds University, and an MSc in Atmospheric Physics from Imperial College. He lectures at Reading University on 'Intelligent Buildings and People', as part of the MSc Course 'Intelligent Buildings'. He is presently studying for a PhD by research in Esoteric Studies, with the American Pacific University.

Supervisors, Assistants and Examiners

Richard will be assisted on occasions during teaching. On any training, these will be practitioners at least at the level of the training on which they are assisting. On the Hypnosis trainings, supervisors will be made available to you between the training, as well as assisting, who are experienced professional practitioners. Examiners are also experienced practitioners.

FORMAL COURSES OF STUDY

The following routes to formal certification in hypnotherapy and in hypnosis are offered.

Hypnosis with NLP

Foundation Training in Hypnosis

This Foundation Training in Hypnosis (with NLP) offered by abetterlife has been assessed and validated at Foundation Level by the General Hypnotherapy Standards Council (UK). The GHSC also specifies the following requirements, which are included:

- practice and demonstration of essential skills
- group interaction
- supervision
- written and reading assignments
- written and practical examination

It is the first level towards achieving certification at Practitioner Level in Hypnotherapy, as validated by the GHSC. The next level is achieved by training in Waking Trance Approaches and in Deep Trance Approaches/Diploma.

No previous training is required, although you will be interviewed for your suitability. Live training will be delivered in eight days, spread over two or four months, at weekends. A free pre--study course book is included.

Certification

Certification is provided for this training, as part of the Practitioner Training as validated by the GHSC. Certification is not an automatic process. You will be required to demonstrate a level of competence in the techniques, and a safe and ethical approach. There is an open book test which also must be completed to a high standard.

Clinical Hypnosis Practitioner Training

Part A. Cognitive and Waking Trance Approaches

Here you learn the cognitive structure that supports your understanding of how change occurs at the unconscious level, but without formal hypnosis. This training is intensive, very interactive and requires pre-study. It is generally delivered over seven or eight days, and occasionally offered in modular (two-day) format. Well before you attend the training, you will receive a home-study pack comprising of audio recordings loaded onto an MP3 player, plus two carefully chosen books and comprehensive manual.

The accelerated training methods simultaneously teach at the levels of both the unconscious and conscious mind. You will work with my close personal supervision. Together with part B below, and your Foundation Training, you will be eligible for certification at Practitioner Level in hypnosis by the GHSC. You will also be eligible for certification in NLP and Time Line Therapy® by the ABNLP and the Time Line Therapy Association.

Certification

Certification is provided for this training, as part of the Practitioner Training as validated by the GHSC. You will also be eligible for certification at Practitioner Level in NLP and Time Line Therapy® by the ABNLP and the Time Line Therapy Association. Certification is not an automatic process. You will be required to demonstrate a level of competence in the techniques, and a safe and ethical approach. There is a practical exam and an open book test which must be completed to a high standard.

Part B. Diploma Training in Clinical Hypnosis – Deep Trance Approaches

This Diploma Training in Clinical Hypnosis builds on your Foundation Training in Hypnosis, which is a pre-requisite for this course. It has been assessed as part of a Certified Practitioner Training in Clinical Hypnosis, validated by the General Hypnotherapy Standards Council (UK). To satisfy these requirements, the course includes:

- practice and demonstration of essential skills
- group interaction
- supervision including one/two practical case studies
- reading assignments and four/five written assignments
- written test

Live training will be delivered over twelve days, one weekend in four, or one weekend day every two weeks. The training forms Module B of the two-modules required to achieve Practitioner certification.

Certification

Certification in the form of a Diploma is provided for this training, as part of the Practitioner Training as validated by the GHSC. Certification is not an automatic process. You will be required to demonstrate a level of competence in the techniques, and a safe and ethical approach and to take part in additional supervision meetings. There are also written assignments and an open book test which also must be completed to a high standard. You will also be assessed working with real case studies.

NLP and Time Line Therapy®

NLP Practitioner

This training is intensive, very interactive and requires pre-study. It is generally delivered over seven or eight days, and occasionally offered in modular (two-day) format. Well before you attend the training, you will receive a home-study pack comprising of audio recordings loaded onto an MP3 player, plus two carefully chosen books and comprehensive manual.

The accelerated training methods simultaneously teach at the levels of both the unconscious and conscious mind. You will work with my close personal supervision. You will also be eligible for certification in NLP and Time Line Therapy® by the ABNLP and the Time Line Therapy Association.

NLP Master Practitioner

Certification by the ABNLP at Master Level in NLP, and training approved by the Time Line Therapy Association to Master Practitioner in Time Line Therapy Techniques™. This intensive two-week training requires previous study at Practitioner Level. You will work with close supervision by Certified NLP and Time Line Therapy™ trainer Richard Walker. There is a written open-book test to be completed to a high standard.

NLP – Trainer's Training

Train to be a Trainer of NLP. Learn to be a charismatic trainer, based on the skills and beliefs of NLP. In beautiful Goa, India 14 days, delivered jointly with NLP Goa and two International Master Coaches. Performance is assessed “on demand” as part of your evaluation, in addition to a written test under formal examination conditions.

Time Line Therapy®

From time to time short trainings in Time Line Therapy® techniques will be offered. Certification as in Time Line Therapy® may be offered as an additional option. Please note that certification can only be provided by the Time Line Therapy Association, and to qualify for certification at Practitioner Level, this requires that you have completed the full 130 hour syllabus which includes NLP at Practitioner Level, and demonstrated competency. Certification is not an automatic process. If you have trained in NLP elsewhere, you will need to give us formal evidence of your satisfactory performance of NLP at Practitioner level, as certified by a recognised NLP awarding body, and to demonstrate your knowledge by completion of an open book test to include Time Line Therapy™ techniques. Certification is not an automatic process.

EXAMINATIONS & ASSIGNMENTS

The formal training courses include examinations and assignments and, in the case of hypnosis, formal supervision. All such components, where they are specified, are required to be completed and submitted in a timely manner to a required standard of an overall pass-mark of 75% in order to meet the requirements for certification. Late submissions may be marked down, at the amount of 5% (of total available mark) per first month or part thereof, and a further 5 % for a second month (or part thereof).

If a student exhibits serious unethical behaviour, this will be brought to their attention for immediate correction. If there is a second incident, a warning of will be issues that the College may refuse certification, or in extreme cases, that they may be asked to leave the course (with no refund of fees) if the behaviour is not corrected.

Reading Lists

Training in Hypnosis

Alman B and Lambrou P (1992) *Self-Hypnosis: The Complete Manual for Health and Self-Change* Brunner-Routledge

Bandler R and Grinder J (1981) *Trance-Formations* Real People Press

Battino R and South TL (2001) *Ericksonian Approaches* Crown House Publishing Ltd

Bryant M and Mabbutt P (2006) *Hypnotherapy for Dummies* John Wiley & Sons

Burton J & Bodenhamer Bob G (2001) *Hypnotic Language – Its Structure and Use* Crown House Publishing

Chopra D (1989) *Quantum Healing: Exploring the Frontiers of Mind/Body Medicine* Bantam Books

Hadley J and Staudacher C (1985) *Hypnosis for Change* New Harbinger Publications

Hammond DC (first ed) (1990) *Handbook of Hypnotic Suggestions and Metaphors* WW Norton and Company

Hartland J (1971) *Medical and Dental Hypnosis and its clinical applications* Bailliere Tindall.

Kroger S W (1977) *Clinical and Experimental Hypnosis* Lippincott Co.

Rosen S (1982) *My Voice Will Go With You: The Teaching Tales of Milton H Erickson* Norton & Company Ltd

Sarno J E (2001) *The Mindbody Prescription: Healing the Body, Healing the Pain* Grand Central

Talbot K (1992) *The Holographic Universe* Harper Perennial

Tebbit C (1995) *The Dreamers Guide to Mastering Self Hypnosis* Breese Books

Waxman D (1989) *Hartland's Medical and Dental Hypnosis* 3rd ed Bailliere Tindall

Wolinsky S (1991) *Trances People Live: Healing Approaches In Quantum Psychology* Bramble Books